



AROMATHERAPY MASSAGE

Float away with specially designed aromatherapy massage. A bespoke blend of essential oils is crafted for you in a one-to-one session. Combined with a rhythmical technique designed to elicit the relaxation response, this massage is an ideal choice for anyone who wishes to reduce stress.

60 or 90 minutes

Sun-Thurs £120 / £180

Fri-Sat £150 / £225

THE GAINSBOROUGH SIGNATURE MASSAGE

We invite you to enjoy an unsurpassed level of calm in our enhanced classic full body Swedish massage. Enjoy mists of pure neroli water as feet are massaged with rosemary and pine essences and warm lavender infused towels are applied on the body to impart comfort in this relaxing massage.

60 or 90 minutes

Sun-Thurs £120 / £180

Fri-Sat £150 / £225

TENSION RELEASE MASSAGE

Designed to release deeply held patterns of tension, this intensive massage focuses on relieving stiff, tight or aching muscles. Pain soothing essential oils combine with long and kneeling strokes for a more in-depth recuperative approach.

60 or 90 minutes

Sun-Thurs £120 / £180

Fri-Sat £150 / £225

GENTLEMEN’S FACIAL

This high-performance organic facial is designed especially for the needs of gentleman’s skin melting away bodily and mental stress while softening signs of tension and ageing. Skin is deeply cleansed with an alpine fresh, hydrating cleanser, then softened and refined with an active enzymatic exfoliation mask and a mineralising scrub. Both mind and muscle are soothed with a robust scalp, neck and shoulder massage using an aroma herbal oil created just for men.

60 or 90 minutes

Sun-Thurs £120 / £180

Fri-Sat £150 / £225

BESPOKE FACIAL

Tailored to your particular skin care needs, this customised facial addresses your skin concerns or desires with selected award-winning, high performance ISUN organic products. Whether to calm and soothe sensitive skin conditions, or to deeply cleanse, purify and treat blemished skin issues, your therapist will customise your facial to meet your needs and match your skin type.

60 or 90 minutes

Sun-Thurs £120 / £180

Fri-Sat £150 / £225