

THE GAINSBOROUGH

BATH SPA

SPA VILLAGE BATH

Tapping into the original Roman Bath springs, Spa Village Bath offers a contemporary perspective on the city's thermal water heritage. Coupled with the historic use of aromatherapy in Great Britain, this spa, within the Gainsborough Bath Spa hotel, gently supports the brand's philosophy of honouring the healing traditions of the region.

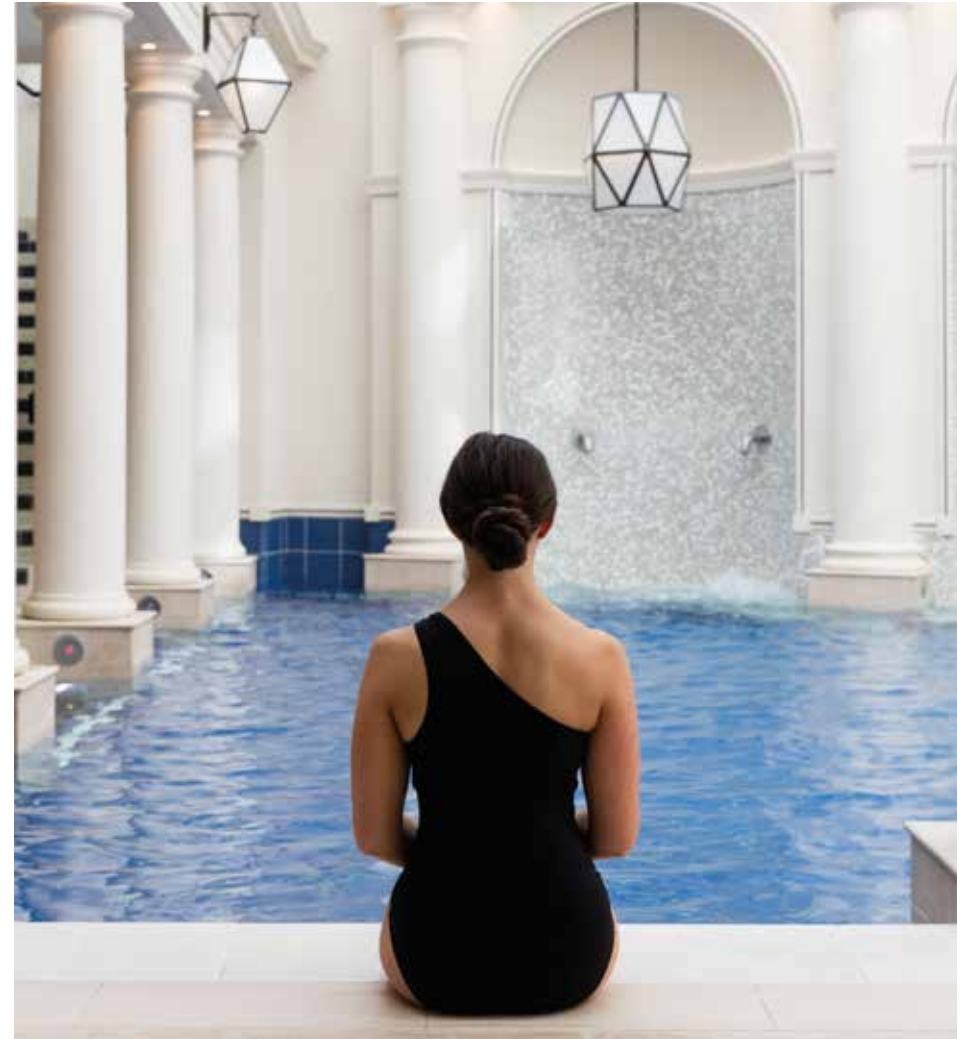
The opulent Bath House experience enables guests to "take the waters" in luxury. Guests will begin their visit with a circuit that includes dipping in three natural thermal pools of varying temperatures, traditional and infrared saunas, steam room, an ice alcove and elegant relaxation areas.

Spa Village Bath integrates the treasured waters of Bath classic treatments that focus on personalised aromatherapy, balancing the fine line between science and art.

The serene environment of the spa is bathed in natural light emanating from the four-storey glass atrium perched above the Bath House. Located over two levels, Spa Village Bath also features 11 treatment rooms which include one couple's suites with private natural thermal waters. Guests can satisfy their daily workout needs in the fitness centre.

The Gainsborough Bath Spa guests who desire a more immersive spa experience can stay in one of the two Spa Village guests' rooms or the restorative Spa Suite. All three rooms are located directly above the spa for the ultimate ease of access and include baths that fill with the natural thermal waters.

For further information and to book, please call 01225 355 320



SPA MENU

Immerse yourself in luxury

A YTL CLASSIC HOTEL

Beau Street, Bath BA1 1QY
+44 1225 358888

reservations@thegainsboroughbathspa.co.uk

thegainsboroughbathspa.co.uk

YTL HOTELS
Treasured Places, Treasured Moments

BATH HOUSE CIRCUIT

The natural thermal water of Bath is the core of the Spa Village Bath experience. Guests are encouraged to allocate approximately one hour to fully enjoy the self-guided bathing circuit.

The Bath House is a facility for both Ladies and Gentleman and swimsuits are required. The Bath House is complimentary to hotel guests of The Gainsborough Bath Spa during designated in-house guest bathing hours.

SPA TREATMENTS

We invite you to select treatments, based on your needs or desires, from the following categories:

- Massages
- Facial Treatments
- Body Treatments



GAINSBOROUGH SIGNATURE MASSAGE

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

We invite you to enjoy an unsurpassed level of relaxation in our enhanced classic full body Swedish massage. Enjoy mists of pure frankincense as feet are massaged with rosemary and pine essences and warm lavender infused towels are applied on the body to impart comfort.

AROMATHERAPY MASSAGE

Treatment time: 60 minutes
£120 (Mon - Fri)
£150 (Sat & Sun)

Float away with our aromatherapy massage. A bespoke blend of essential oils is crafted for you in a one-to-one session. Combined with a rhythmical technique designed to illicit the relaxation response. This massage is an ideal choice for anyone who wishes to reduce stress.

RE-ENERGISING BAMBOO MASSAGE

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

A deeper pressured massage with peach oil using warm bamboo sticks is a unique way to work deeper into the areas of muscular tension and release stress. The rolling and kneading of bamboo stimulates and heats the body, enhancing circulation and dissipates toxins. This treatment will leave you feeling relaxed and re-energised.

THERMAL CANDLE MASSAGE

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

Our candle massage will enhance your massage experience, a special oil infused candle is melted to release regenerating rose, aloe vera and cotton oils which are gently poured over the skin to melt away tension and relieve tired, aching muscles.

BACK TO VITALITY

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

With this treatment there are a selection of signature oils to choose from with powerful therapeutic benefits for body and mind. Carefully applied pressure is used to stimulate the nervous system with a combination of Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. Transitioning into a bespoke facial to nourish and revitalise your skin. Prepare to leave feeling deeply relaxed and rejuvenated.

BODY SCRUB

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

This luxurious and invigorating scrub using polishing natural exfoliating grains stimulates circulation leaving the skin soft and supple. Incorporated with a classic aromatherapy massage using our own signature blend of fragrant essential oils leaving you feeling fully recharged and rejuvenated.



FACIAL – RENEW

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. This treatment helps to boost your circulation and promote cell renewal, leaving your skin radiant.

FACIAL – REFRESH

Treatment time: 60 minutes
£120 (Mon – Fri)
£150 (Sat & Sun)

Quench dry, dehydrated skin with this soothing facial designed to calm the skin and restore lasting hydration and elasticity, and smooth uneven skin texture. The hydrating mask combined with a soothing scalp massage will assist to relax the mind and body while replenishing and sustaining the skins moisture level for smooth texture and healthy youthful glow.

